KNITTING STITCH EMBROIDERY
1. When working from right to left, bring the needle out in the centre of the stitch and take it up and around the head of the stitch from right to left (under the stitch above) as shown.
2. Take the needle back through the centre of the original stitch and out through the centre of the stitch on the left.
3. When working from left to right, bring the needle out in the centre of the stitch and take it up and around the head of the stitch from left to right (instead of from right to left).

USING A SET OF DOUBLE-POINTED NEEDLES
A set of needles consists of 4 (or more) needles with points at each end, used for knitting without seams. When knitting on a set, put about a third of the stitches on each of 3 needles, then use the 4th needle to begin the work.

When the stitches on the first needle have been worked, use the now free needle to work the stitches on the next needle.

A set of needles can be replaced by a circular needle of suitable length for working on neckbands, however they are not suitable when decreasing to a centre as in the crown of a hat.

Knitting is done in rounds rather than rows. Do not turn the work but knit around in a circle. Every round is knitted on the right side so ‘every round knit’ forms stocking stitch with purl fabric on the inside.

POM PONS
Pom pon makers can be bought at yarn stores, or pom poms can be made by using cardboard and following the easy steps below.

1. Cut out two circles of cardboard for your pom pon. Cut the hole in the centre of both circles (the diameter of the hole should be 1/4 the diameter of the circle).
2. Put the two circles together and wind yarn round and round the cardboard.
3. Keep winding until the centre hole is completely filled up.

4. Place the point of a pair of scissors between the two circles of cardboard and cut around the yarn, keeping the scissors between the circles all the time.
5. Using a strand of yarn, wrap it round between the two circles of cardboard, knot firmly and take away the cardboard.
6. Trim the pom pon.